



„Food concepts for specific target groups:  
The role of dairy components and processing technologies”

Prof. Dr.-Ing. U. Kulozik

Technical University of Munich  
Freising-Weihenstephan



元代邹宏著《寿亲养老新书》中有关于牛奶的食疗方—“食治老人益气牛乳方”。

- 该书指出：“牛乳最宜老人，平补血脉、益心、长肌肉，令人身体康强、润泽、面目光悦，志不衰。”
- 书中强调指出：“故为人子者当须供之，以为常食，或为乳饼...，恒使恣意充足为度。此物胜肉远矣！”

“Food with a value far above that of meat”

- Dairy products that can strengthen the body

During the Yuan-Dynasty (1206-1368) Zou Hong published a medical text book (which is still being referred to in modern China), entitled

*“The new book about the theory, how to nurture your parents, for them to live a long life”*

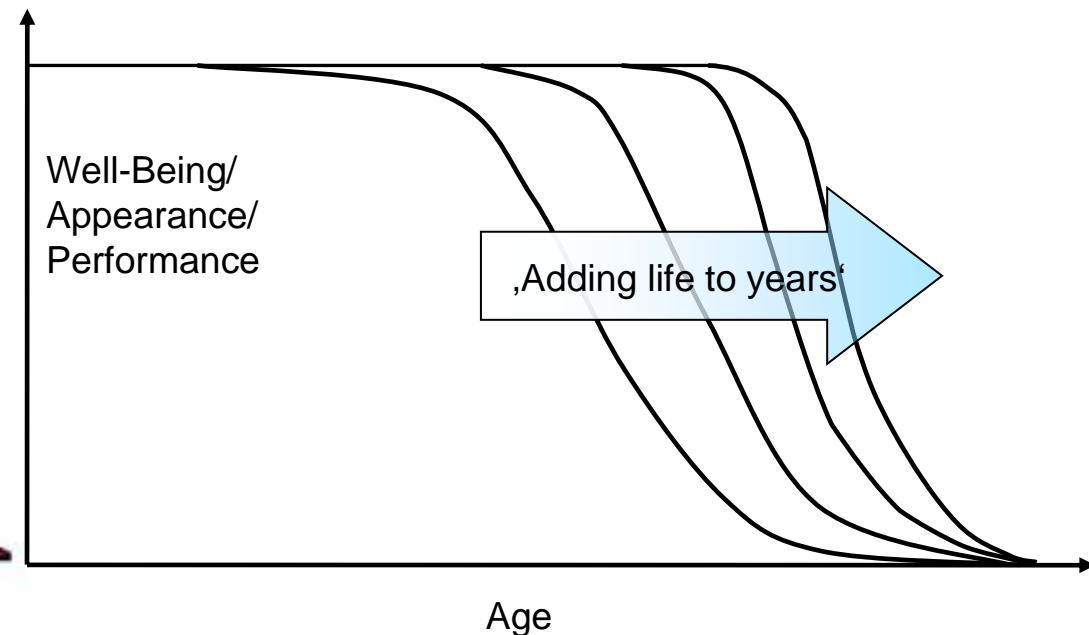
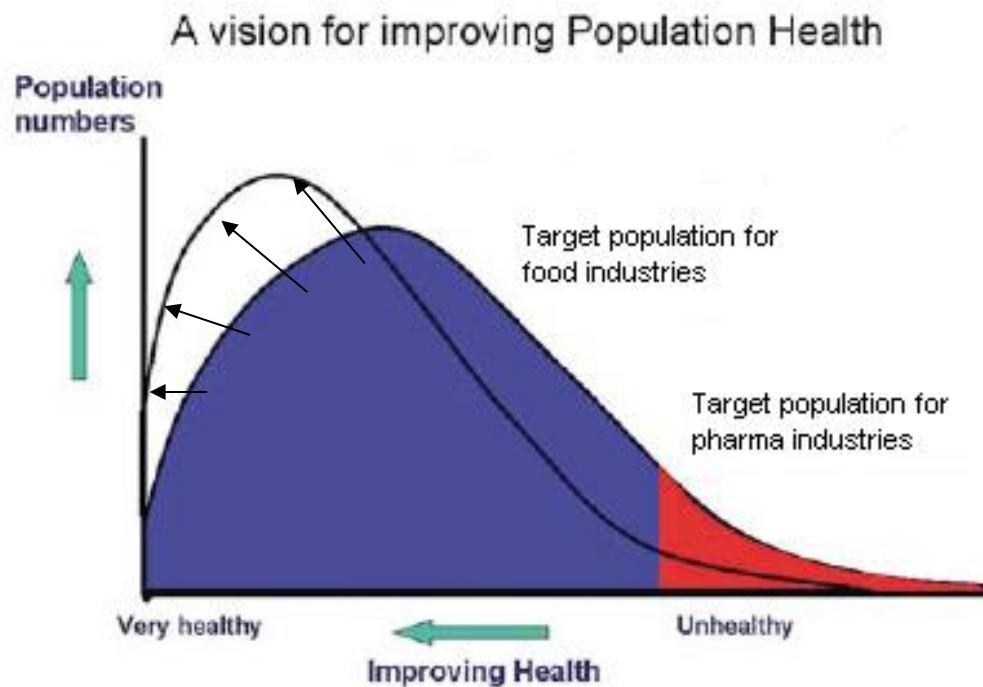
In this book a diet is proposed: The recipe to strengthen the body's energy flow by means of bovine milk. It says:

- “Cow milk is particularly good for the elderly. It can strengthen the blood circulation, it is good for the heart and build-up of muscles. Milk makes mentally and physically strong and yields a brilliant appearance.“
- „Therefore, one should prepare dishes for the parents using milk products, either a liquid milk or bakery products containing milk in sufficient amounts. Dairy products are much better than meat.“

→ Milk is a preventively therapeutic substance as part of the Traditional Chinese Medicine (TCM)

# Vision for foods for the developed world (EU strategy)

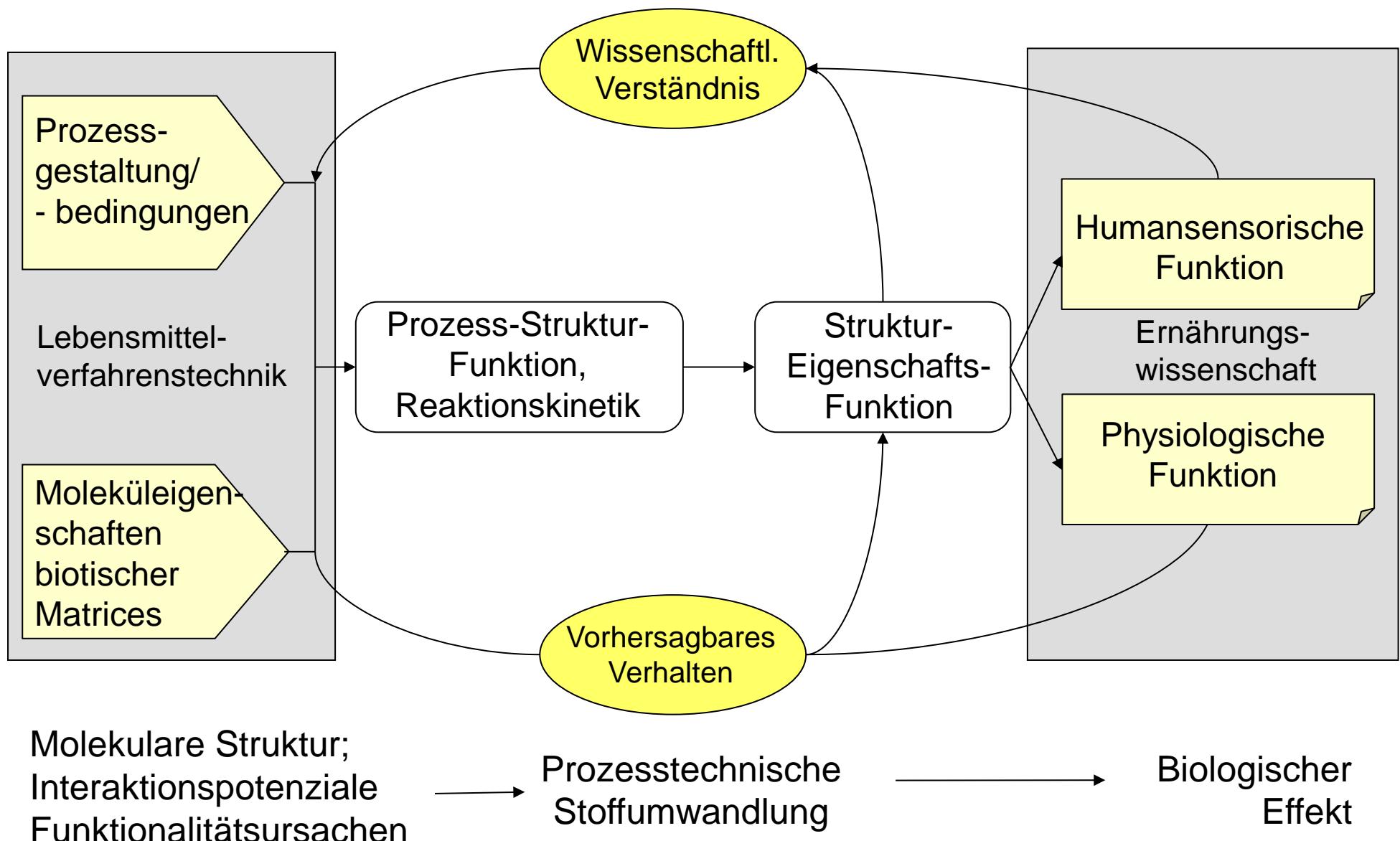
## Target areas of the food and pharma industries in public health



Products with a positive effect on health and quality of life in the last quarter of life.

# Arbeitsmethodik Life Science-Verfahrenstechnik

## Verknüpfung von Substrat, Verfahrenstechnik und Analytik



# A non-dairy example: Healthy eggs concepts across age groups (1990ies)

## Discover the new World of healthier eggs

An egg is source of Life:

As an ingredient, it provides essential lipids and amino-acids to humans of all age.



### Egg yolk phospholipids

#### $\omega$ 6-PL-85

AA/DHA < 2.0

0,5 g  $\omega$ 6-PL-85

covers the amount of  
LC-PUFA present in 100 ml  
breast milk

### Eggs with balanced fatty acid

#### Columbus

P/S =  $\omega$ 6/ $\omega$ 3 = 1/1

Human evolved for more than  
4 million years on a balanced diet based  
on P/S and  $\omega$ 6/ $\omega$ 3 ratios of 1/1

### Phosphatidylserine

#### $\omega$ 3-PS-85

AA/DHA < 0.3

A source of highly  
bioavailable DHA and  
serine for the elderly

Belovo proposes a range of egg lipids and proteins whose nutritional properties cover specific needs of human at various stage of development and life time.

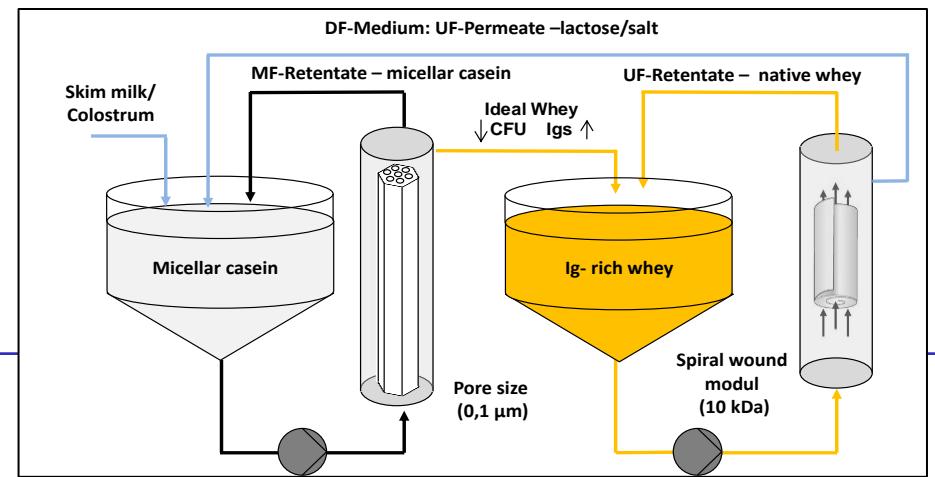
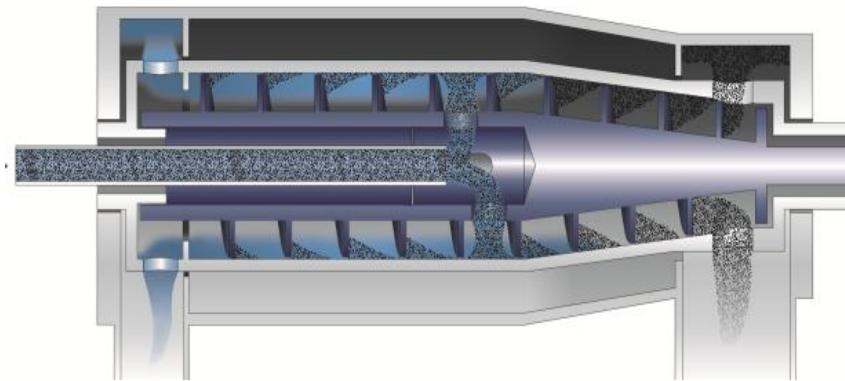
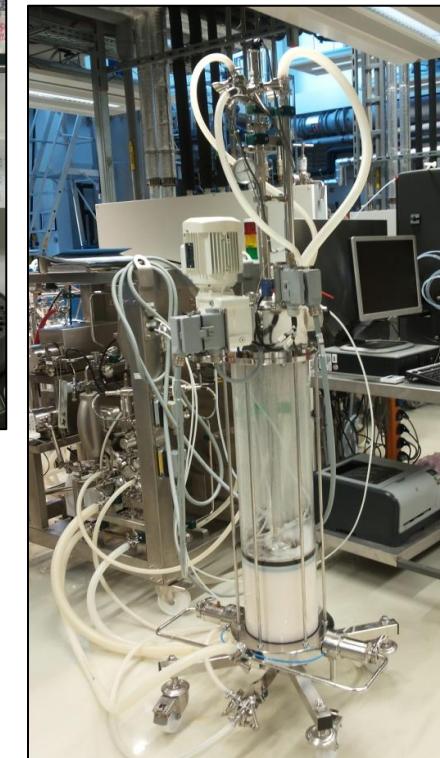
# Target groups for personalized nutrition

- Pregnant women
- Pre-term born infants
- Infants, Small children
- School children
- Sports people
- Genetically predisposed people (e.g. Phenylketonurie, PKU; Allergenicity)
- Convalescent patients
- Normal people (reducing the risk of developing certain diseases)
- Elderly people (Cognitive performance, Sarcopenia, Dysphagia)
- ...

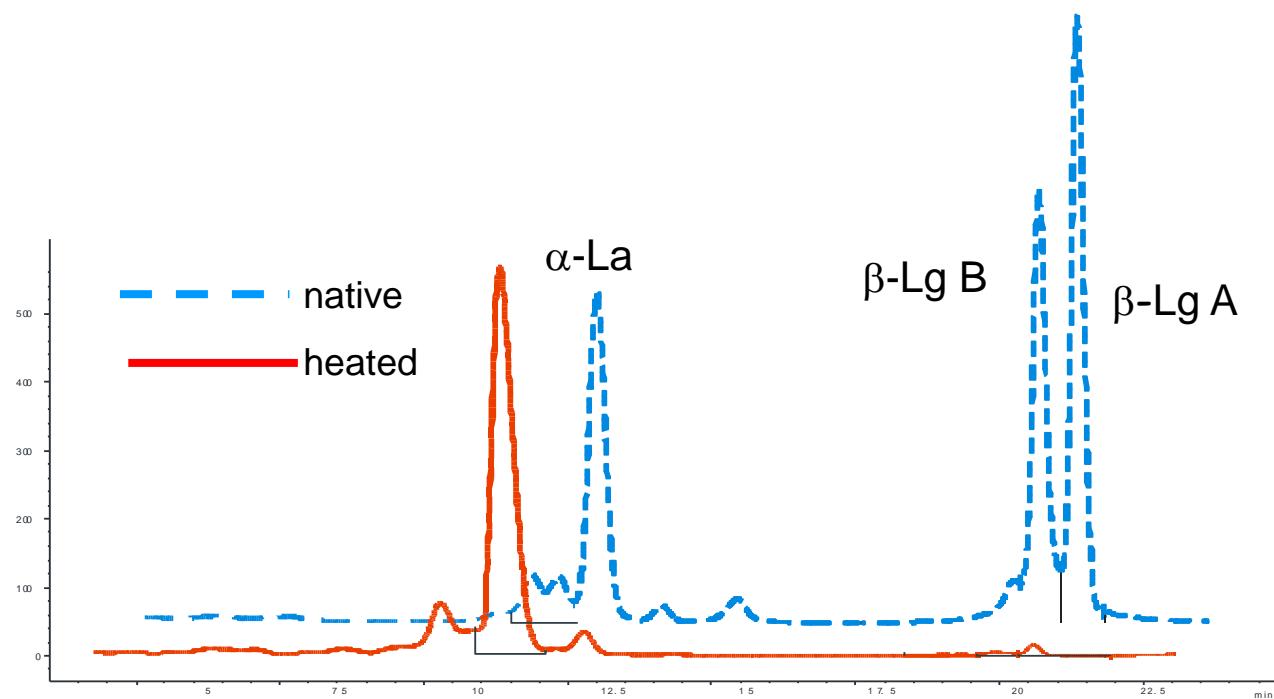
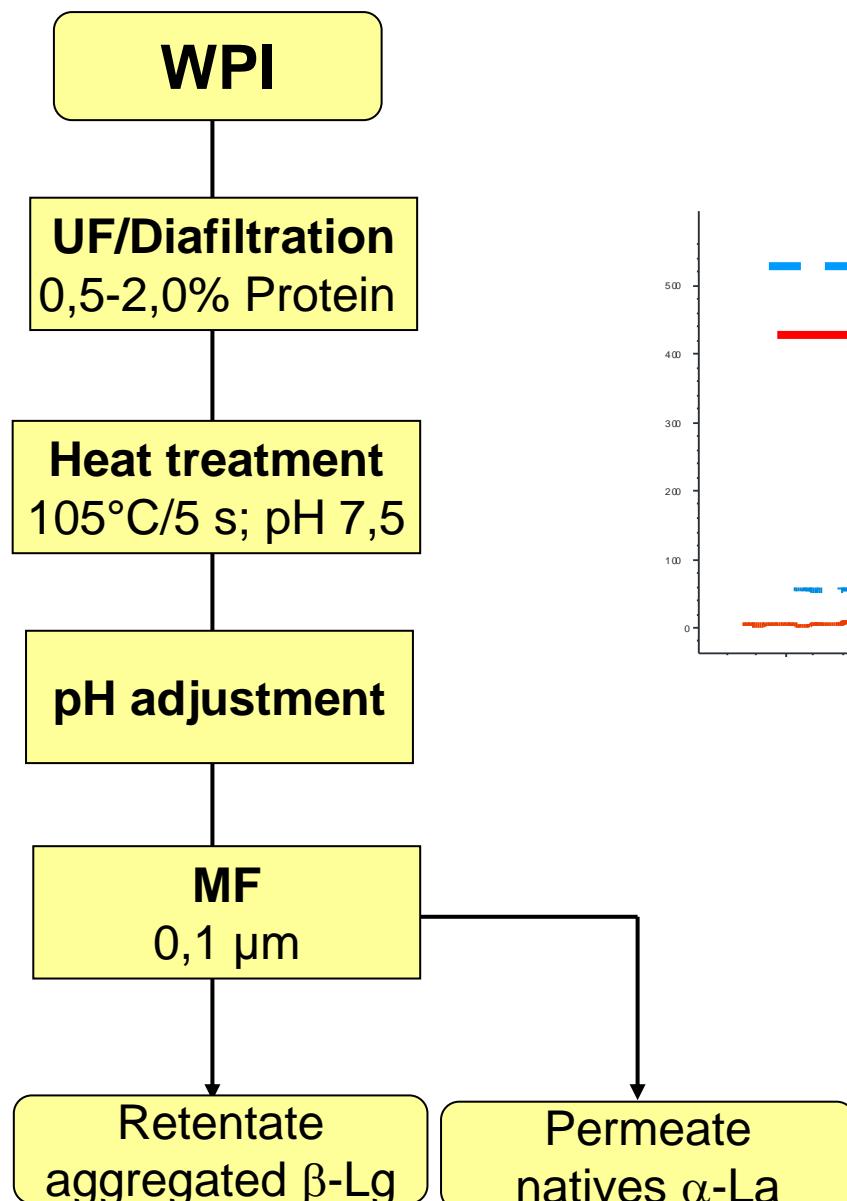


# Methods for enrichment or isolation of single milk or whey fractions

- Classical coagulation/aggregation reactions
  - enzymatic
  - thermal
  - isoelectric
- Chromatography
- Ultrahigh pressure
- Centrifugation
- Membrane technologies
  - Mikrofiltration ( $0,1 - 2 \mu\text{m}$ )
  - Ultrafiltration ( $5 - 300 \text{ kDa}$ )
  - Nanofiltration ( $200 - 5.000 \text{ Da}$ )
- Combination methods/  
Hybrid technologies



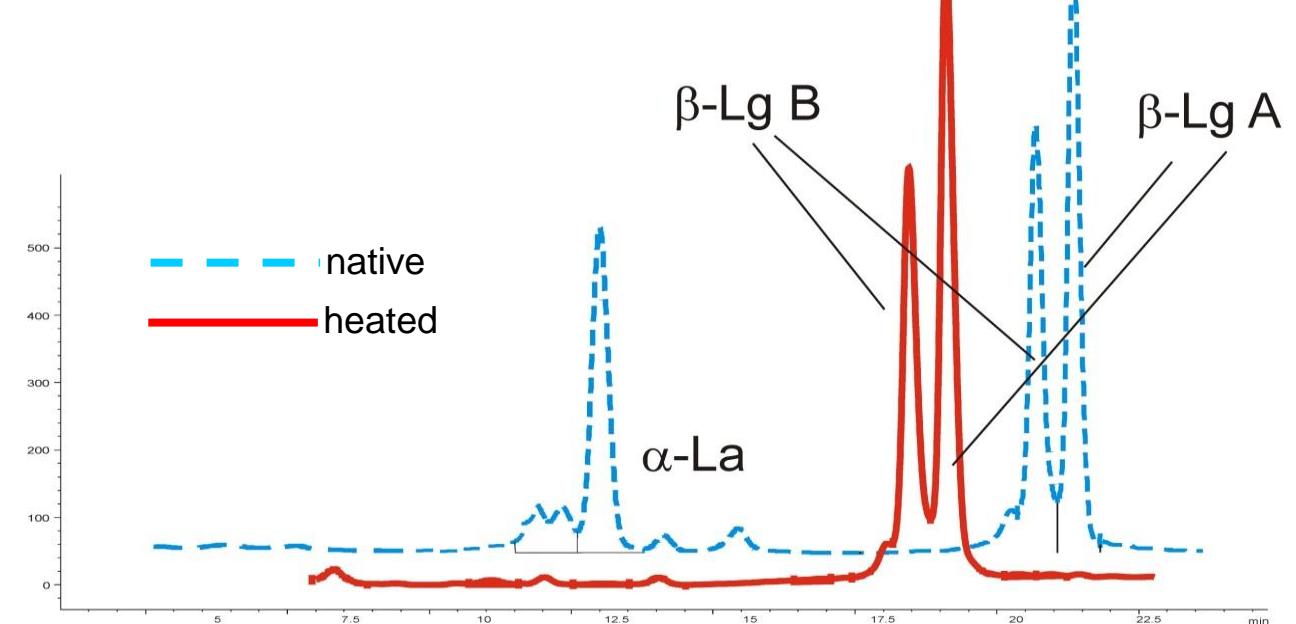
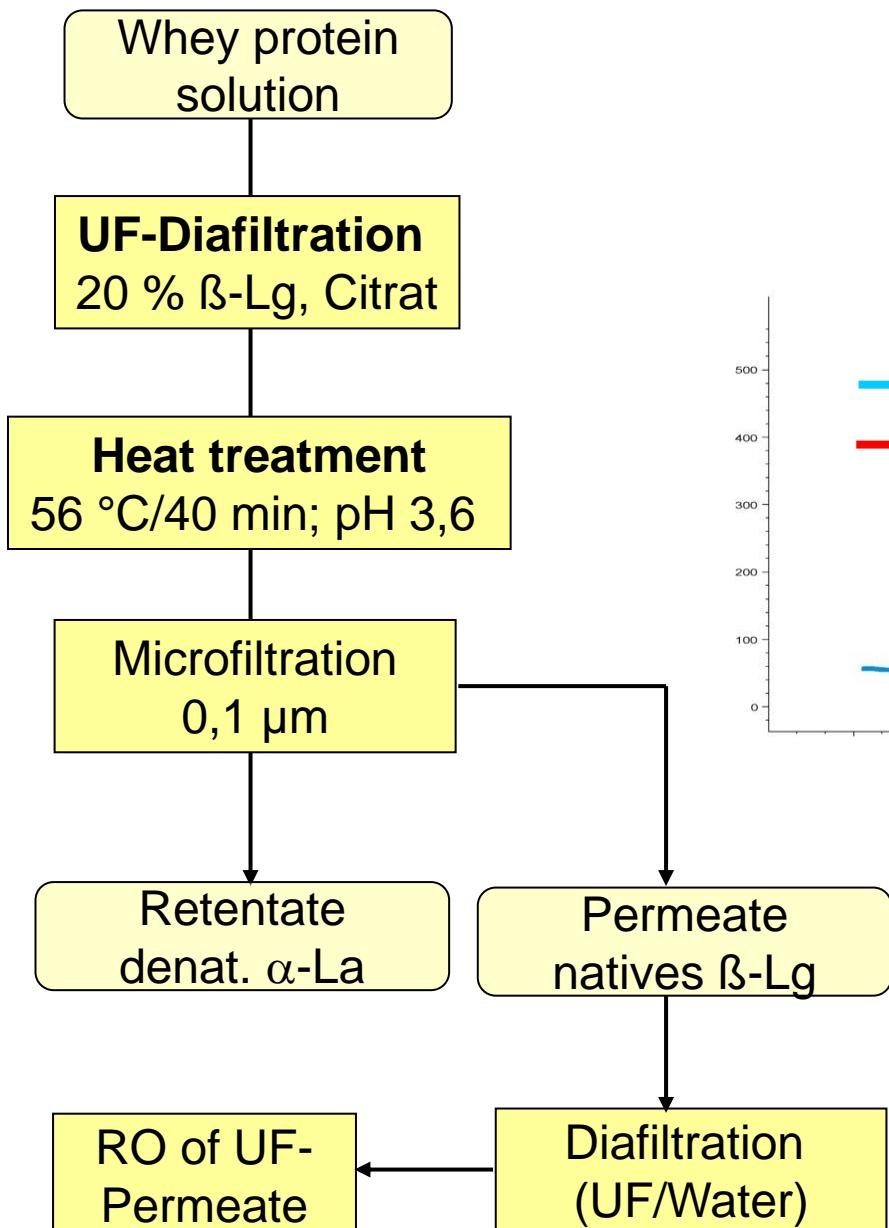
# Method and process to obtain isolated $\alpha$ -La and microparticulated $\beta$ -Lg



**Potential medical applications of  $\alpha$ -Lactalbumin**

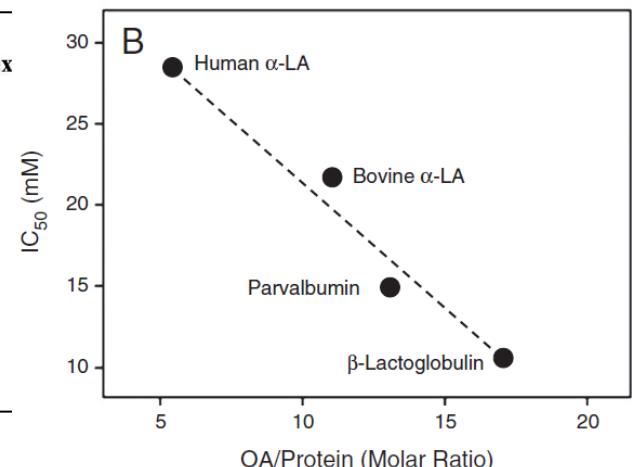
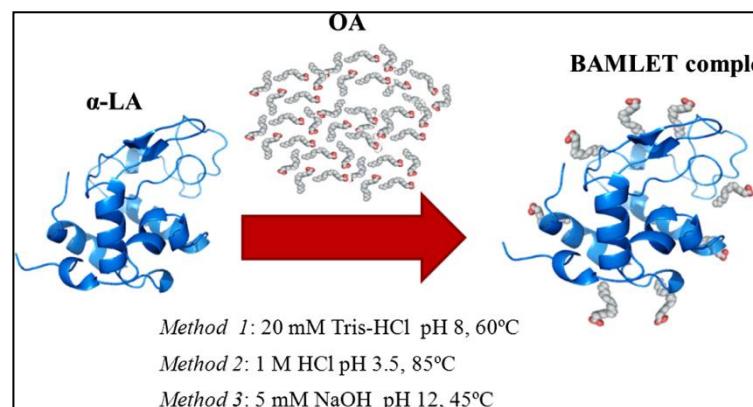
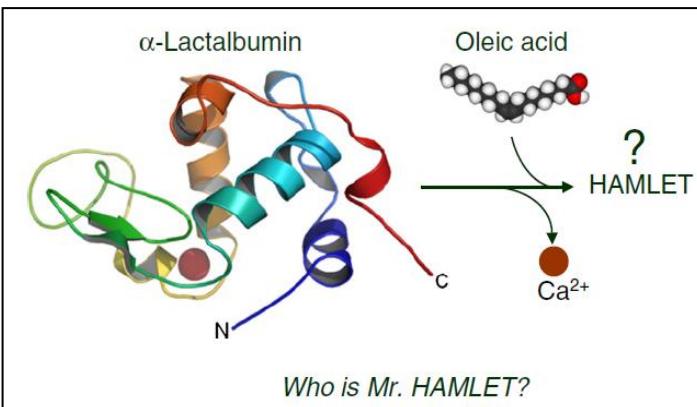
- Induction of apoptosis of tumor cells („HAMLET/BAMLET“)
- Treatment of skin papilloma
- Increased serotonin release and induction of anxiolytic effects; Good mood under stress
- Ca-/Zn-/Fe-binding properties

# Method and process to obtain isolated $\beta$ -Lg and microparticulated $\alpha$ -La

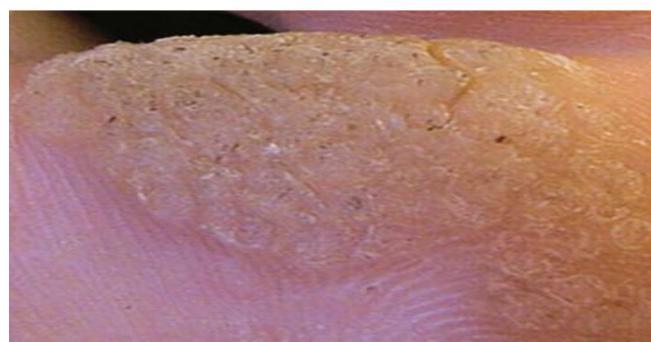


# Effect of HAMLET/BAMLET on human skin papillomas

HAMLET/BAMLET™: Human/Bovine Alpha-Lactalbumin Made LEthal to Tumor cells



Mechanism: Protein acts as emulsifier to expose oleic acid to the cell membrane, where it disrupts or disturbs the cell wall structure of the tumor cell.



Before treatment



After 3 wks of treatment



Two-year follow up

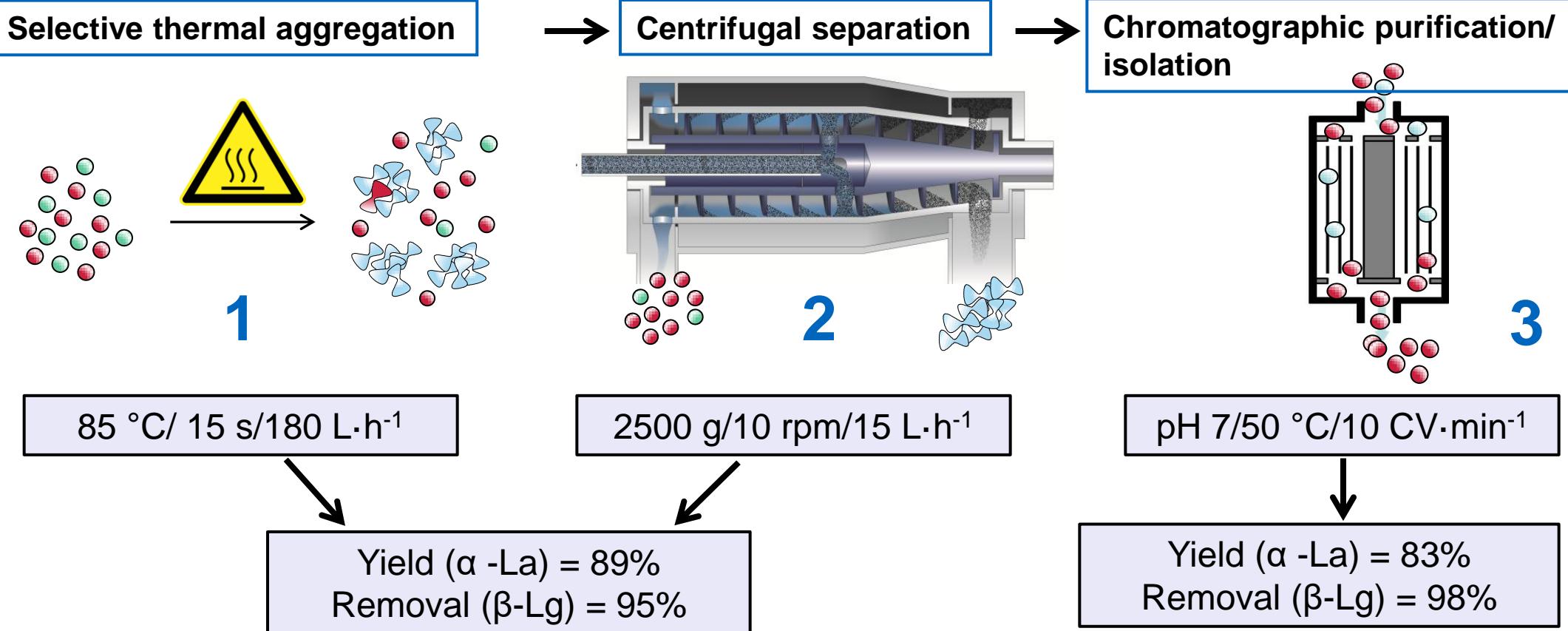
Gustafsson et al (2005). J. Nutrition 135, 1299-1303

Delgado et al. (2015): FEBS Open Bio 5, 397-404

Hoque et al. (2015) Biochimica Biophysica Acta 1850, 1729–39

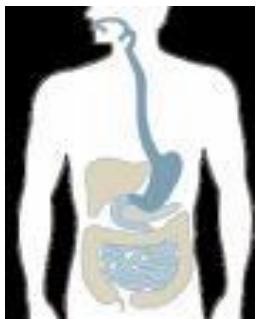
# $\beta$ -Lactoglobulin: Process for removal from whey for the manufacture of humanized infant food products

Reason:  $\beta$ -Lg does not exist in human milk. It is considered the main allergen in milk.



# Examples of some natural bioactive substances in milk and their reported functions

Some bioactive peptides/proteins native to milk and colostrum



Intestinal or Plasma-Enzymes



Microbial enzymes

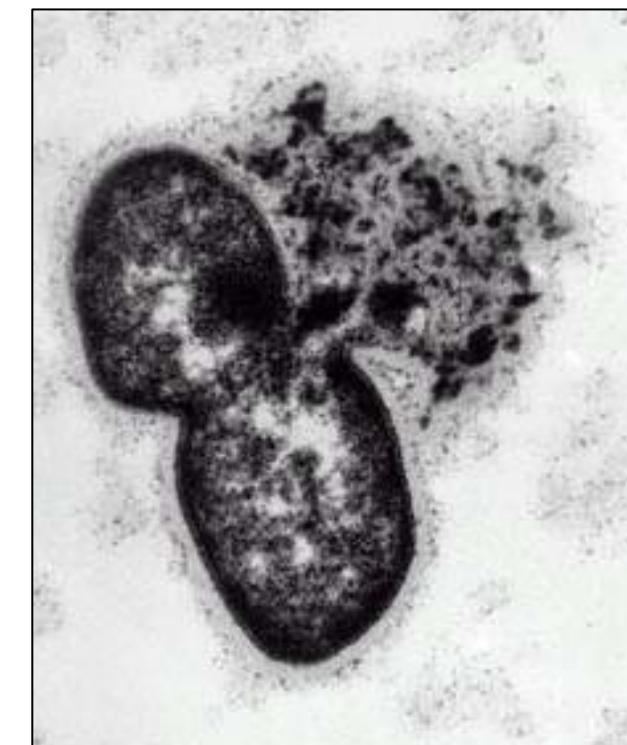


The big question: Are the native bioactive peptides in milk enough to benefit the consumer?

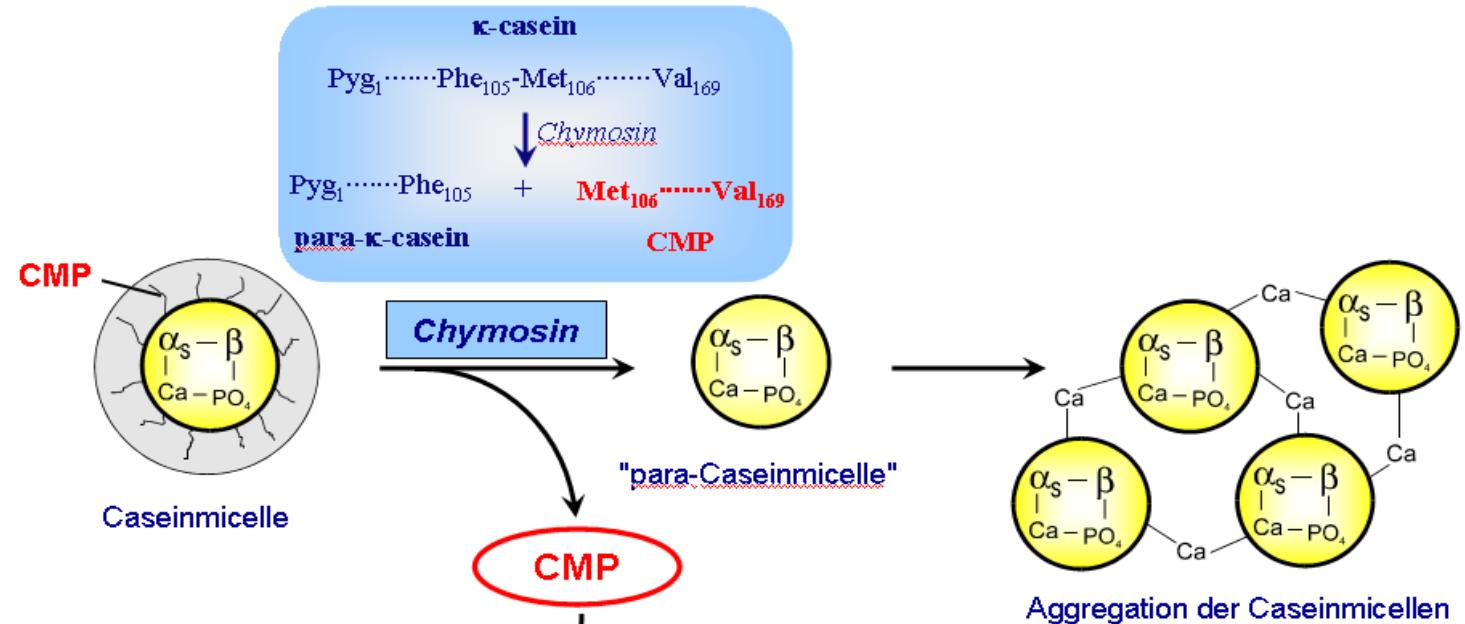
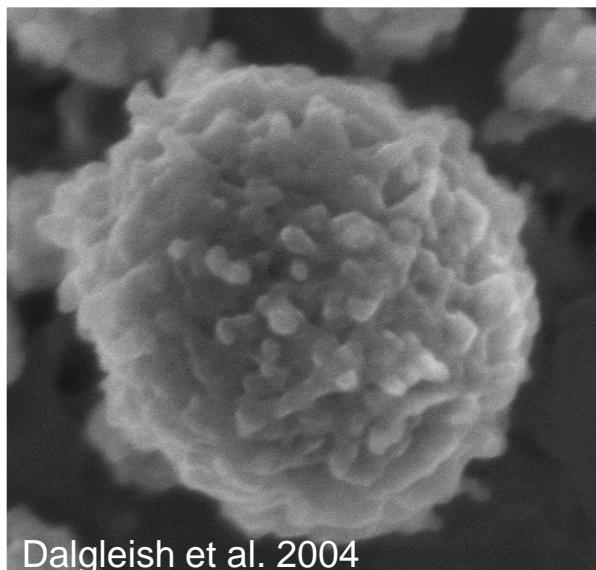
- Casein macropeptide
- Lactoferrin
- Immunoglobulins
- Growth factors
- Insulin
- Cytokines
- Milk fat globule membrane proteins
- $\beta$ -Casomorphins
- Somatostatin
- Prolactin
- Delta-sleep peptides

## Functions

- Mineral binding
- Hypertensive
- Immuno peptides
- Antimicrobial
- Anti-inflammatory

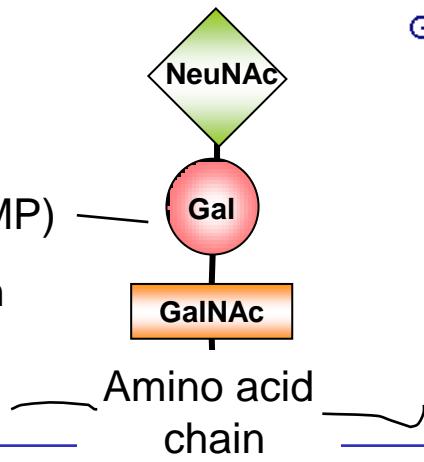


# Release of caseinomacropeptide during renneting



## CMP properties

- 50 % of CMP unglycosylated
- 50 % of CMP glycosylated (GMP)
- Very heat stable in comparison to whey proteins



15-20% des Gesamtproteingehaltes ist CMP

- High amount of *essential* amino acids
- High amount of *branched-chain* amino acids
- Absence of all aromatic amino acids (Phe, Tyr, Trp)

# Physiological and biological properties of CMP

## Phenylketonuria (PKU)

- Metabolic disease: Phe can not be metabolised
- CMP contains no Phe → tolerable natural protein source



Enrichment of CMP in  
dietetic products

## Gut microbiota

- CMP acts as prebiotic substance promoting Bifidobacteria
- Defence against pathogens

## Other Properties

- CMP acts as anticariogenic substance
- Anti-inflammatory properties
- Positively supporting treatments of certain liver diseases

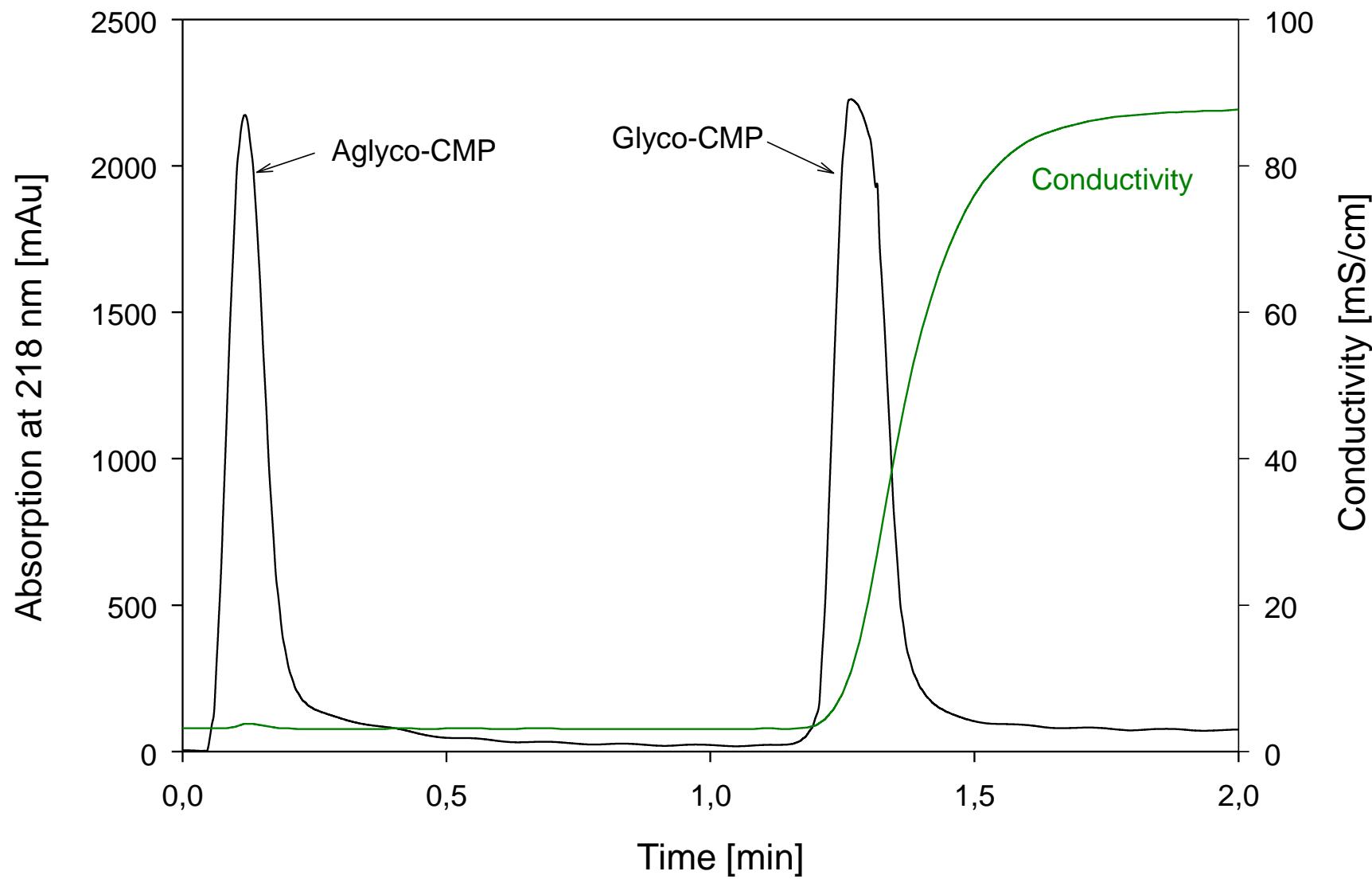
## Hyperthreoninemia

- High content of Threonine → Amino acid imbalance in infant milk formulas

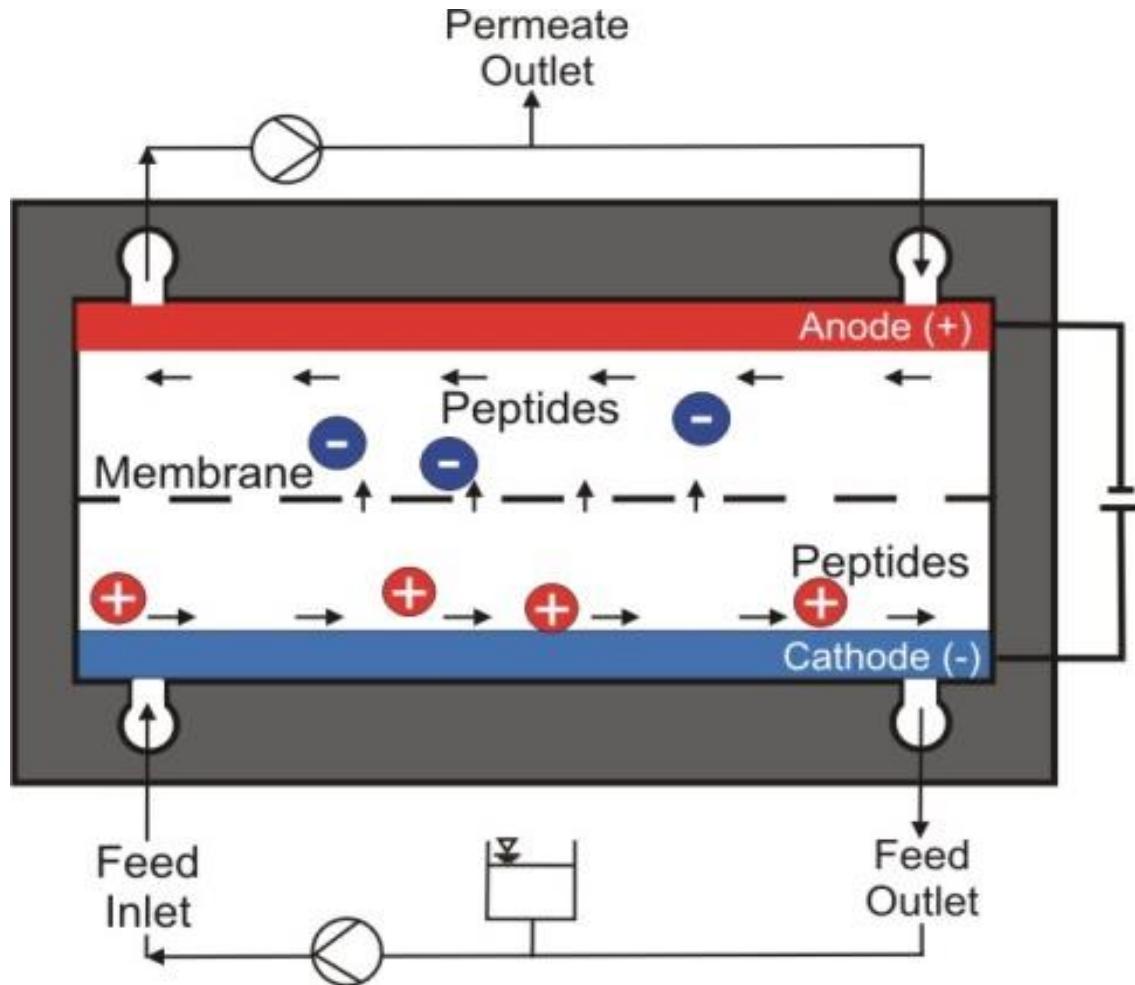


Absence of CMP in  
infant milk formulas

# Fractionation of CMP/GMP by IEX-Chromatography



# Separation principle of Cross-Flow Electro membrane filtration (CFEMF)



## Variables:

- Position of the electrodes
- Voltage
- pH
- Temperature
- Crossflow/pressure conditions

Diss. Holder, Univ. of Hohenheim, 2014

# Enzymatic pre-treatment and fractionation of CMP from whey proteins

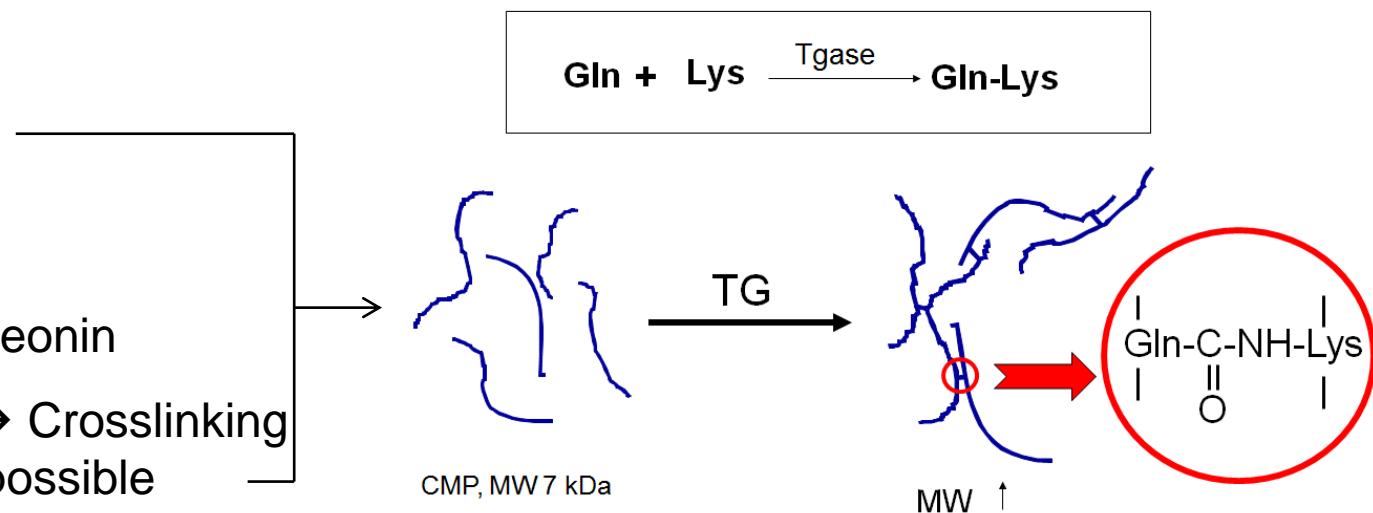
- Nominal MW 7 kDa

(too close to other whey proteins  
to be separated by size)

- No aromatic amino acids

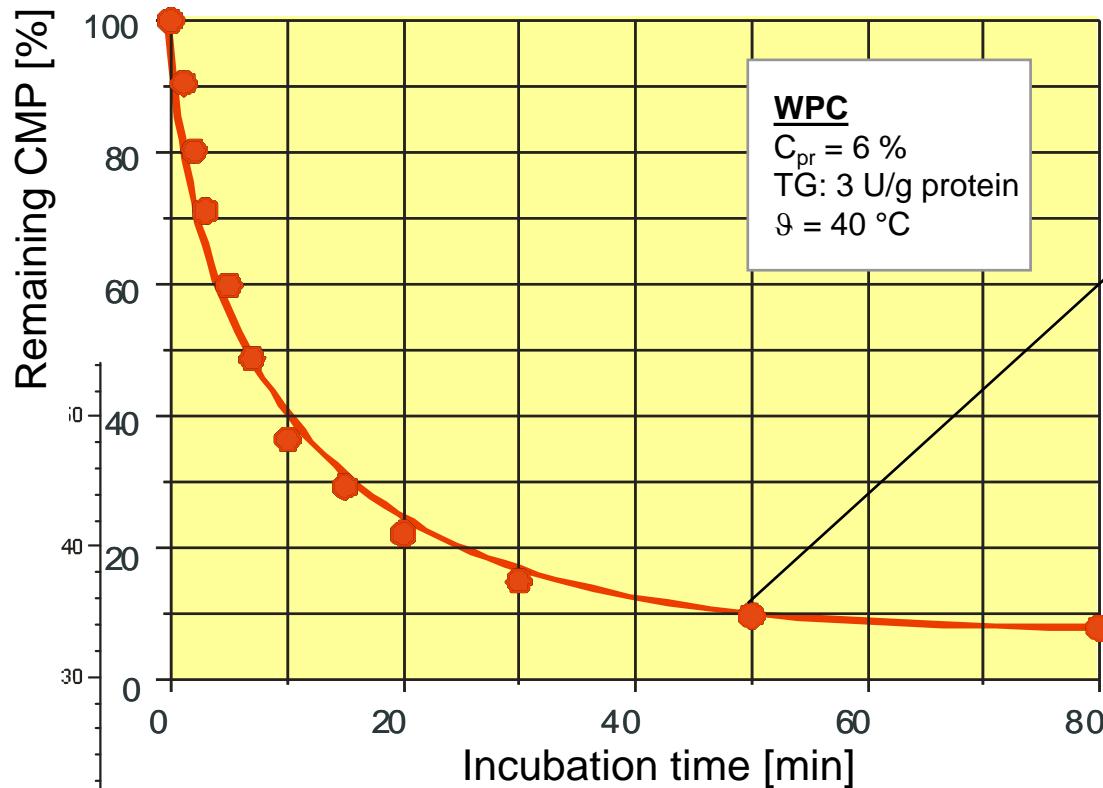
- High level of the amino acid threonin

- Contains Glutamin and Lysin → Crosslinking  
by enzyme Transglutaminase possible

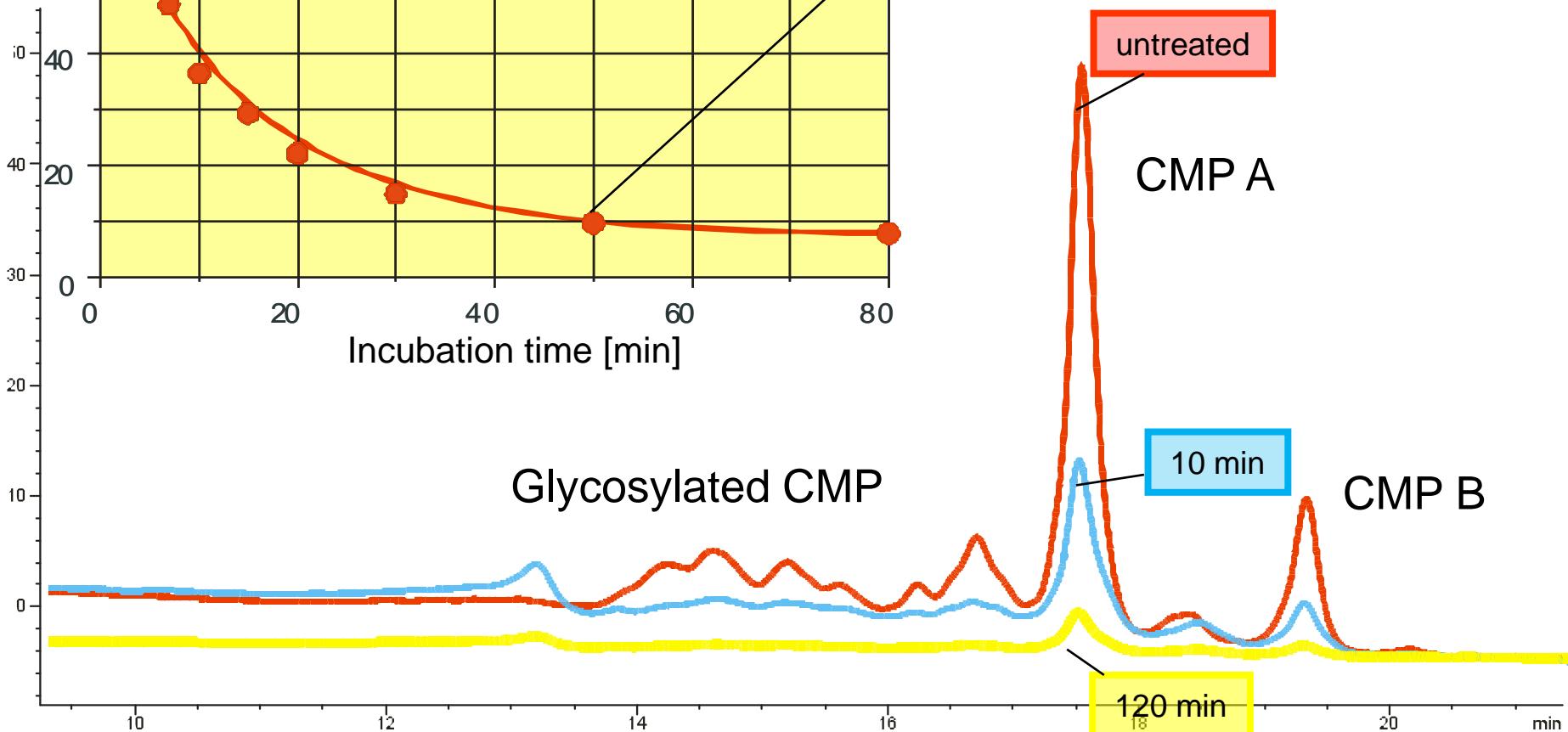


Met - Ala - Ile - Pro - Pro - **Lys** - **Lys** - Asn - **Gln** - Asp - **Lys** - Thr - Glu - Ile - Pro -  
Thr - Ile - Asn - Thr - Ile - Ala - Ser - Gly - Glu - Pro - Thr - Ser - Thr - Pro - Thr -  
Ile - Glu - Ala - Val - Glu - Ser - Thr - Val - Ala - Thr - Leu - Glu - Ala - Ser - Pro -  
Glu - Val - Ile - Glu - Ser - Pro - Pro - Glu - Ile - Asn - Thr - Val - **Gln** - Val - Thr -  
Ser - Thr - Ala - Val - OH

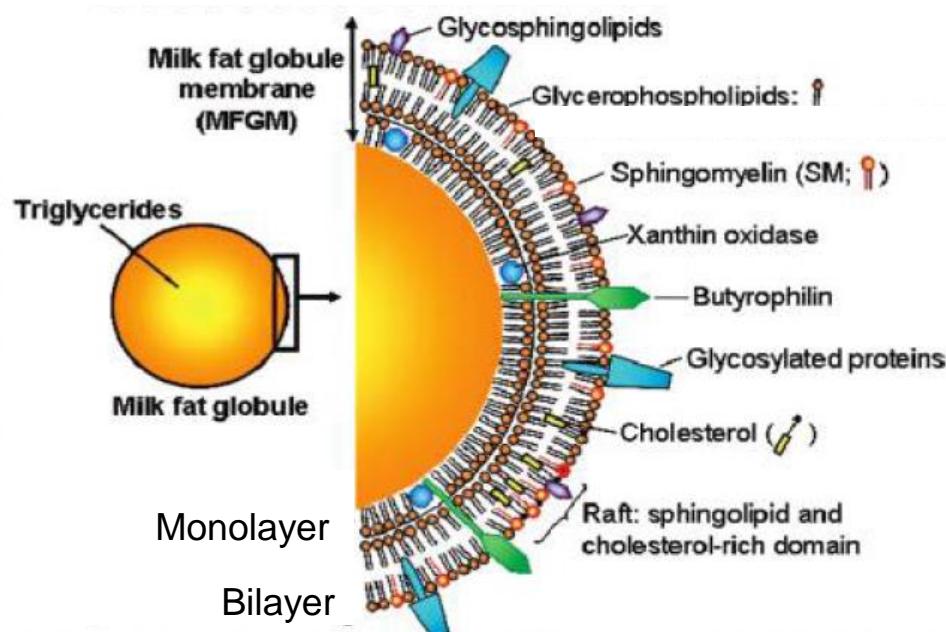
# Crosslinking of CMP by the enzyme Transglutaminase



At this point removal of crosslinked CMP-aggregates by microfiltration or centrifugation  
→ CMP-free rennet whey  
→ Assessment of CMP aggregates as functional ingredient

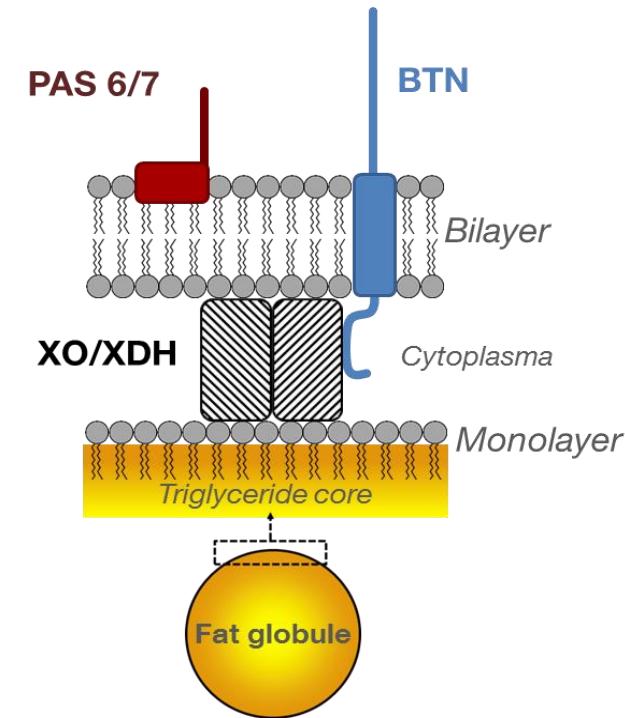


# Origin, structure and composition of the Milk Fat Globule Membrane (MFGM)



Components	MFGM-DM
Proteins	70%
Phospholipids	25%

(Walstra et al., 2006)



(Lopez et al., 2008)

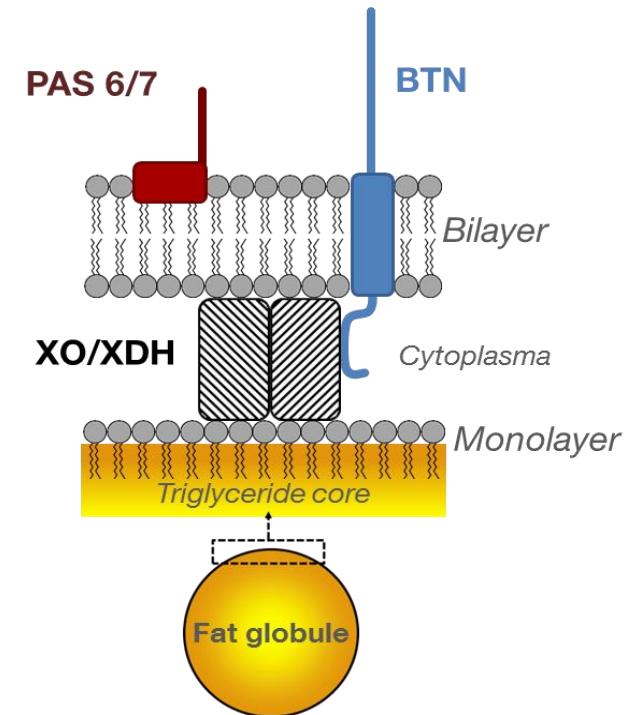
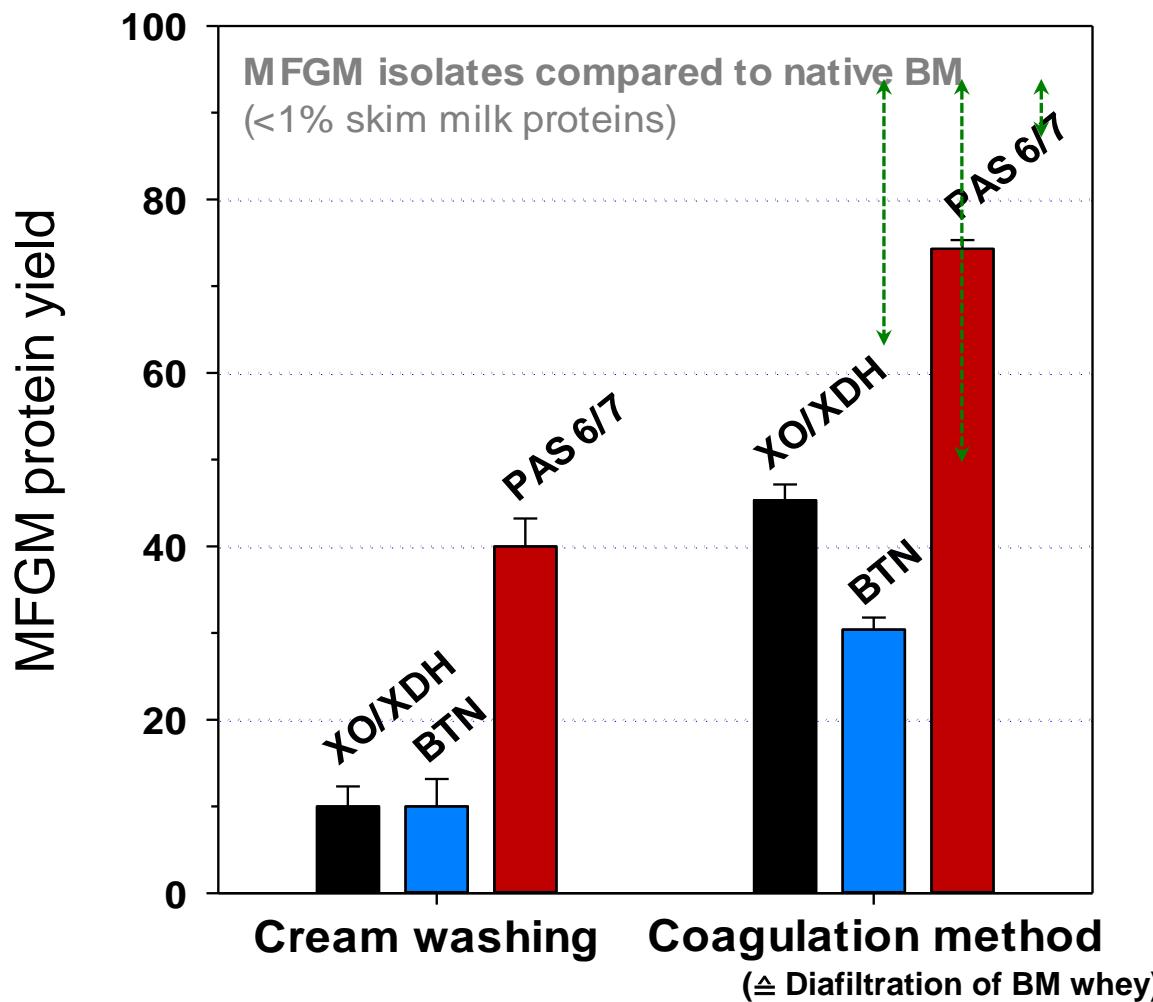


J. Dairy Sci. 97:2017–2026  
<http://dx.doi.org/10.3168/jds.2013-7563>  
© American Dairy Science Association®, 2014.

## Modulation of immune function by milk fat globule membrane isolates

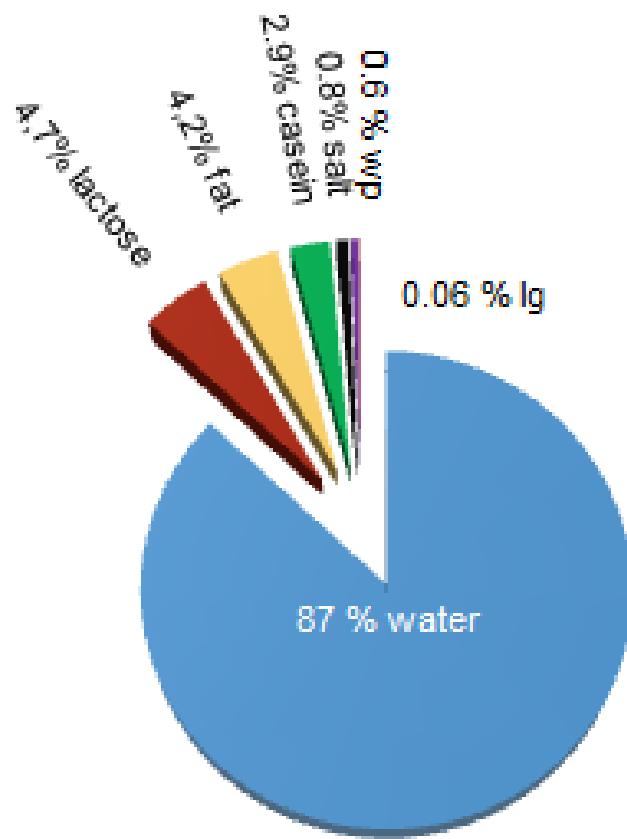
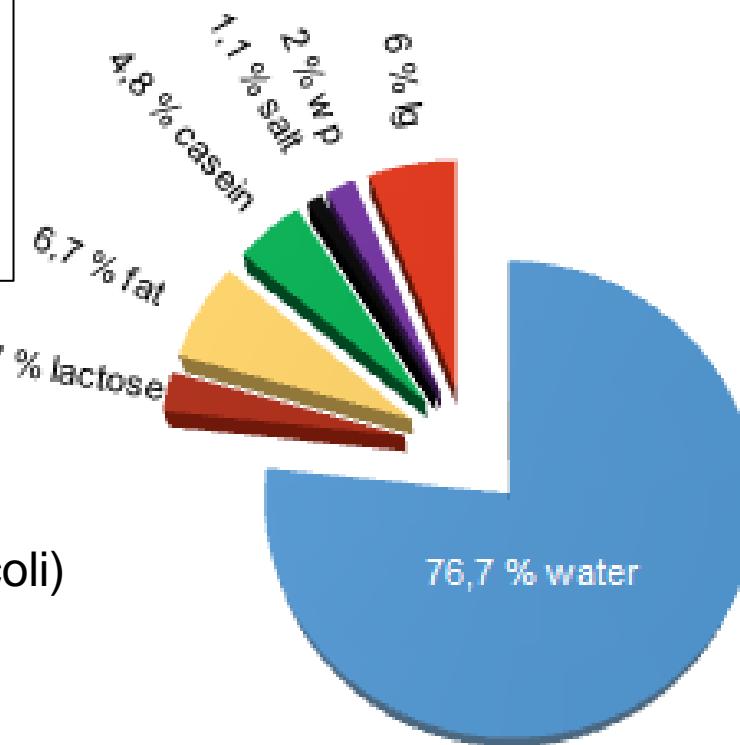
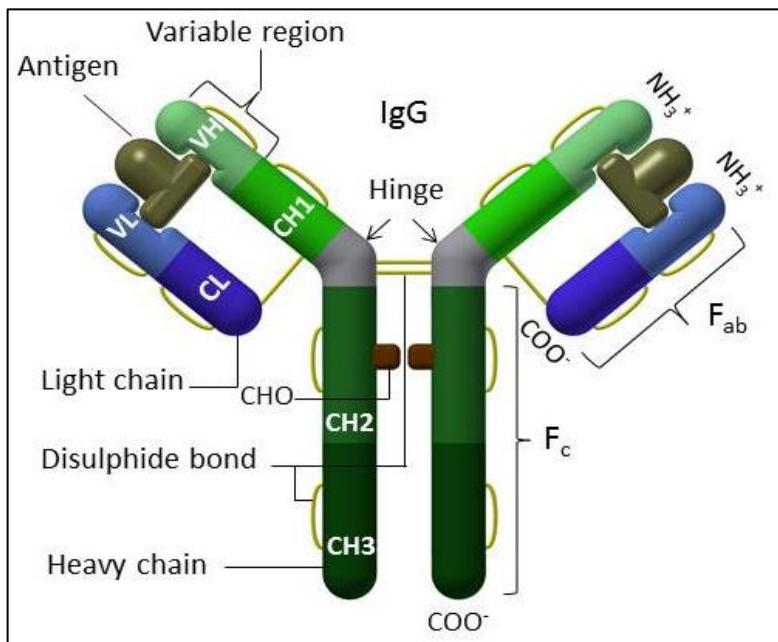
R. Zanabria,\* A. M. Tellez,\*<sup>1</sup> M. Griffiths,\* S. Sharif,† and M. Corredig\*<sup>2</sup>

# Increase of MFGM protein yield by optimizing the isolation method: Evaluation of washing method and coagulation method



- Significantly higher protein yield using the coagulation method by avoiding losses of the outer double layer.

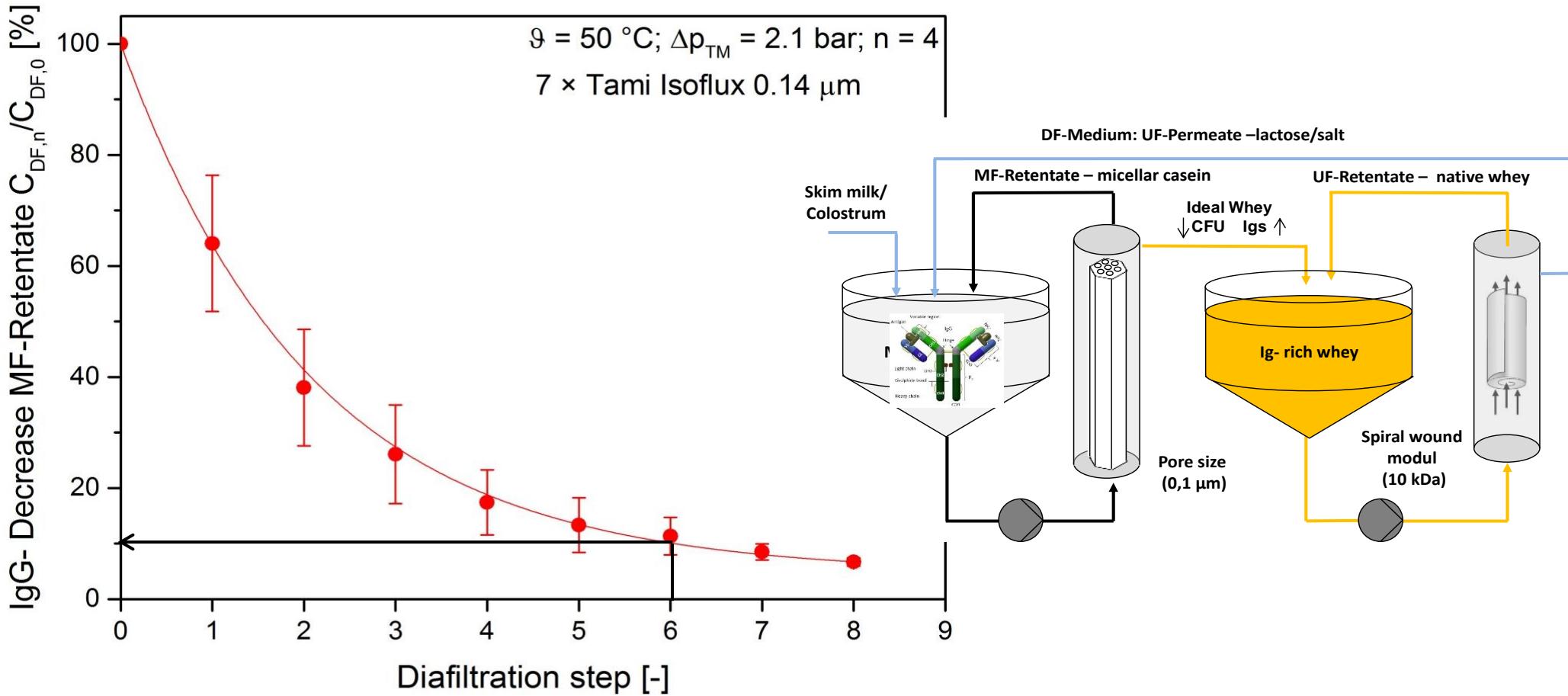
# Immunoglobulins in colostrum and milk



## Reported medical treatments

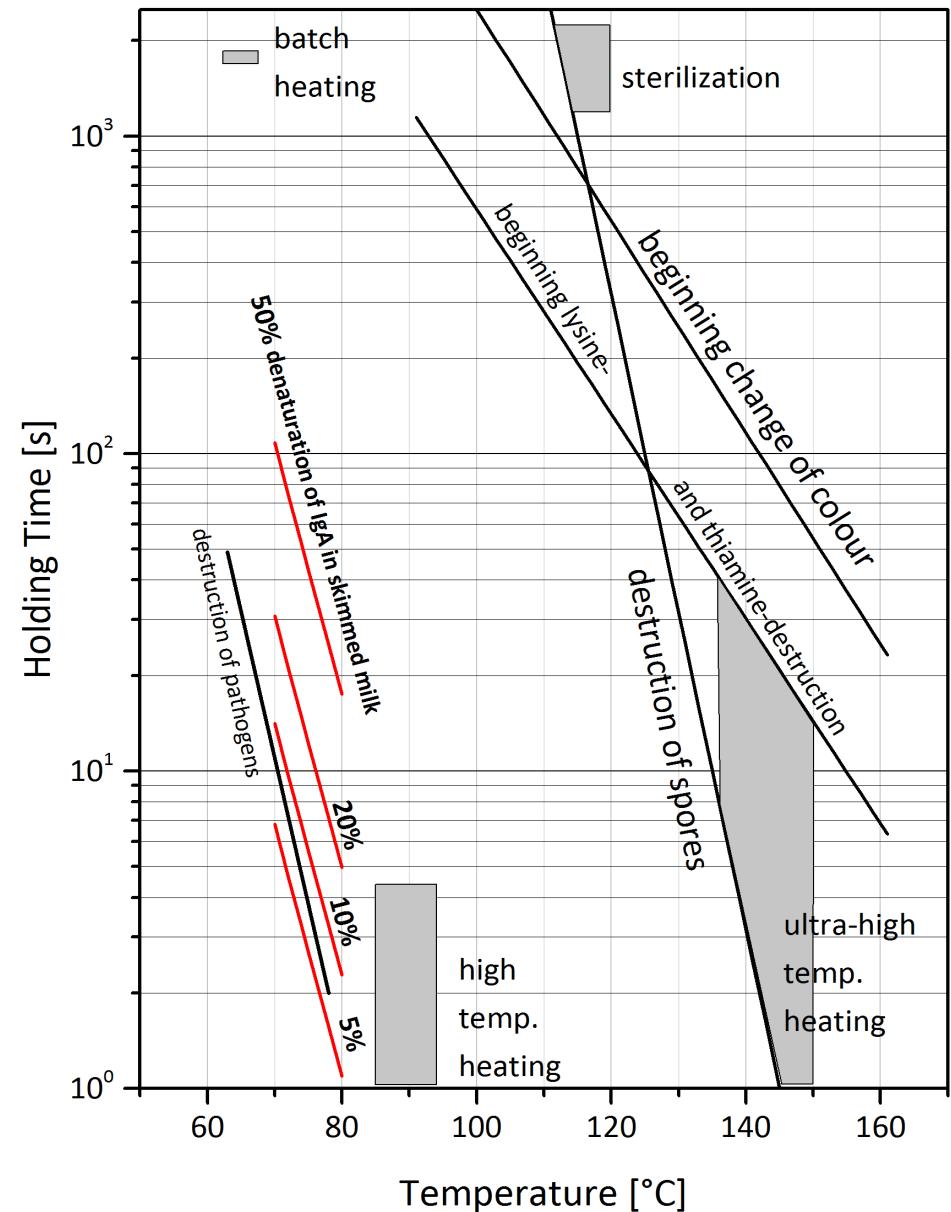
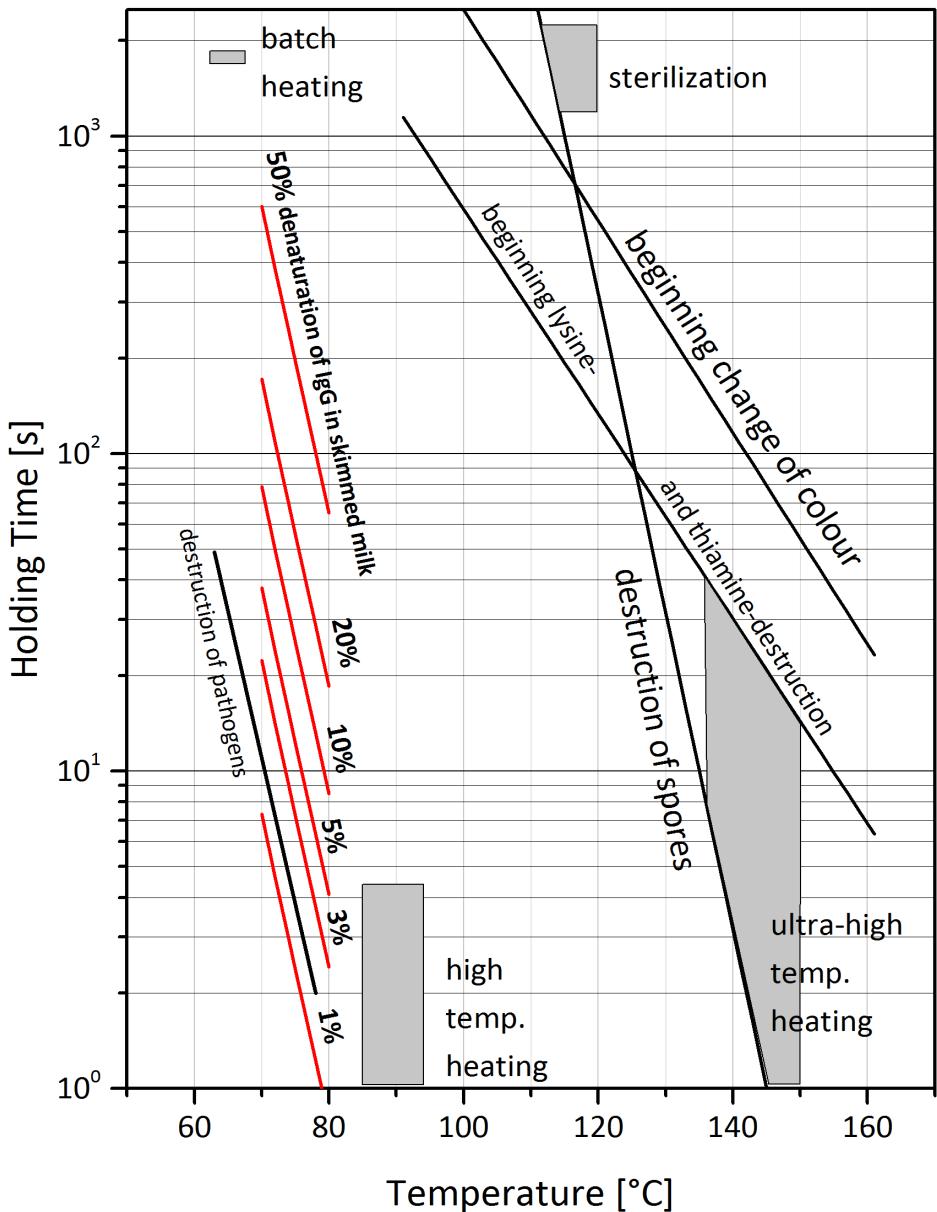
- ETEC (14 strains enterotox. E. coli)
  - HIV-1 gp140
  - Clostridium difficile
  - Influenza virus
- with success rates between 85-95%

# Fractionation of immunoglobulins from milk



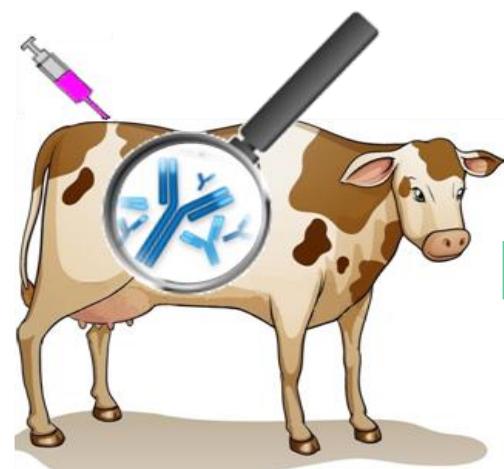
- After 6 diafiltration steps IgG is below 10% on the MF-retentate side
- Combination of MF and UF operated in diafiltration mode opens the opportunity to produce Ig-rich WPC at industrial scale

# Heat sensitivity of immunoglobulins: Iso-effect lines for IgG and IgA in milk

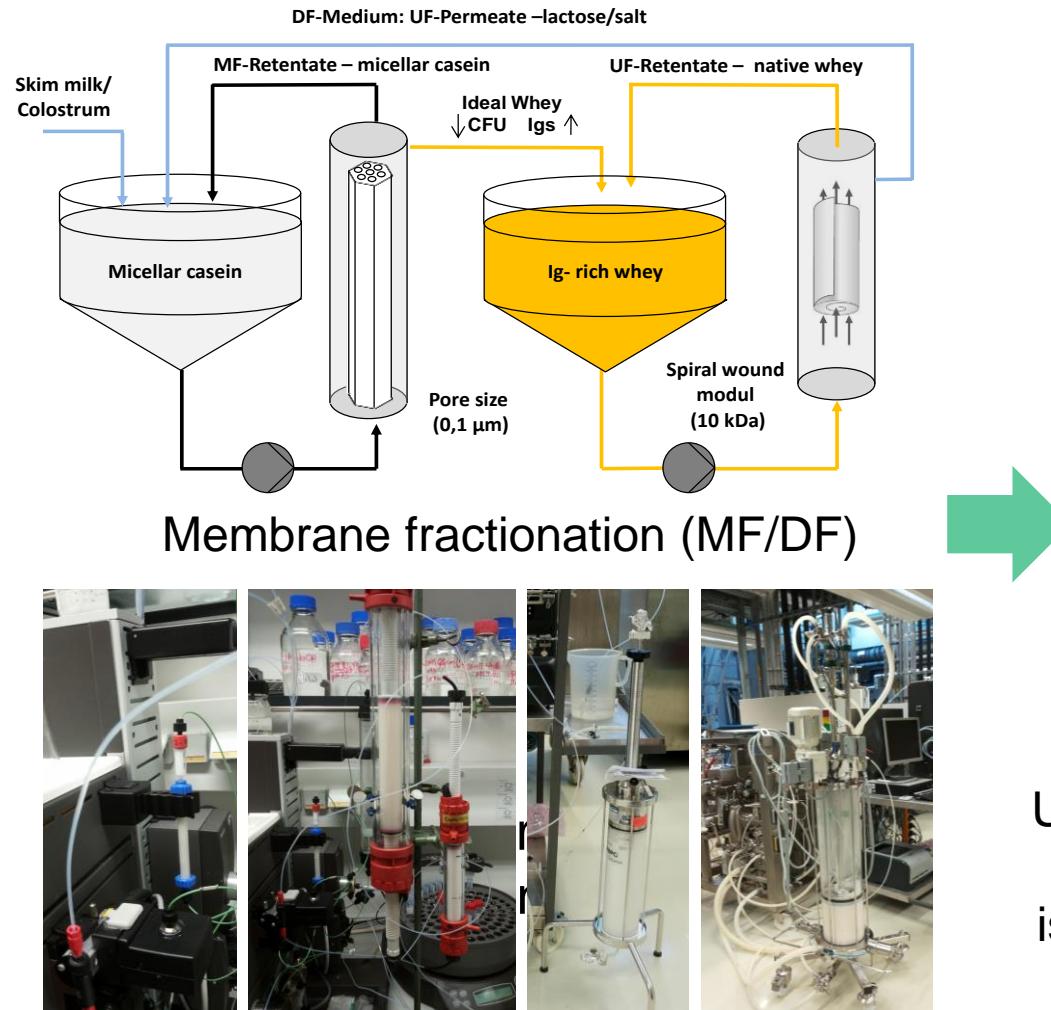


# Immunoglobulins from vaccinated cows: Basic Idea

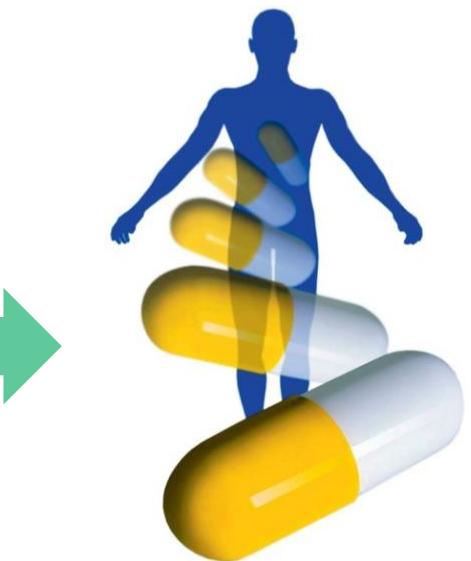
→ Need for alternative methods for the treatment of antibiotic resistant, pathogenic organisms



Immunizing the cow to obtain high titers against hospital germs



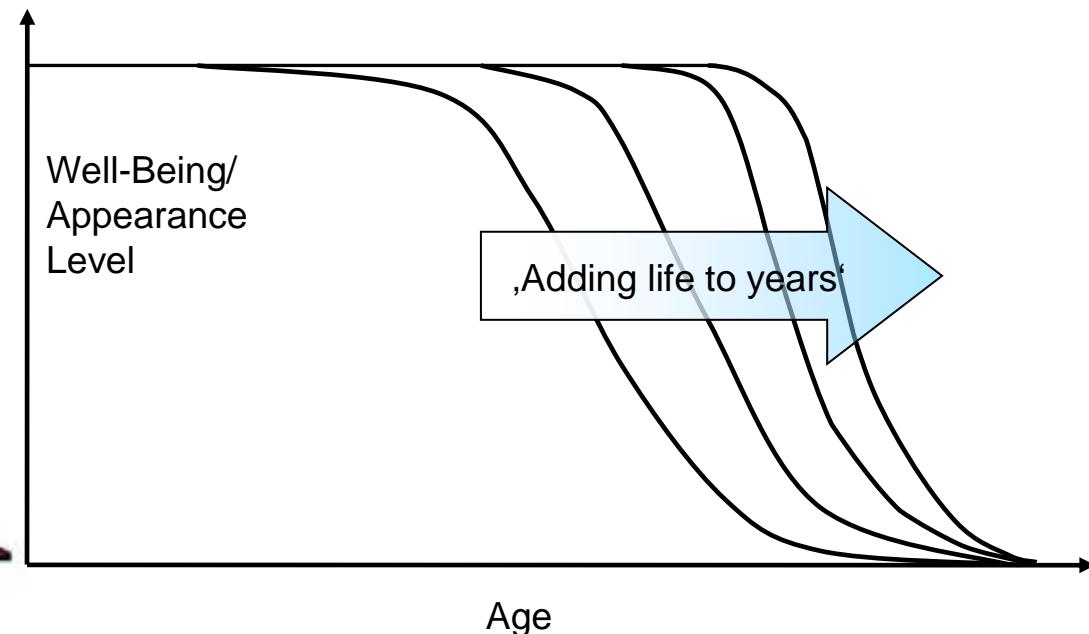
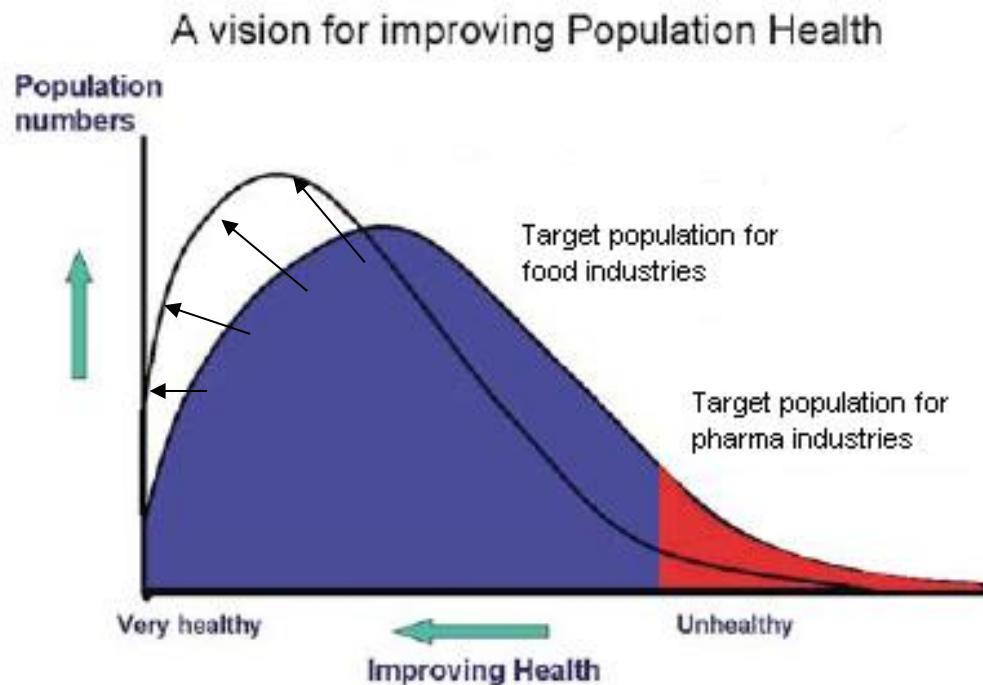
Mixed mode chromatography



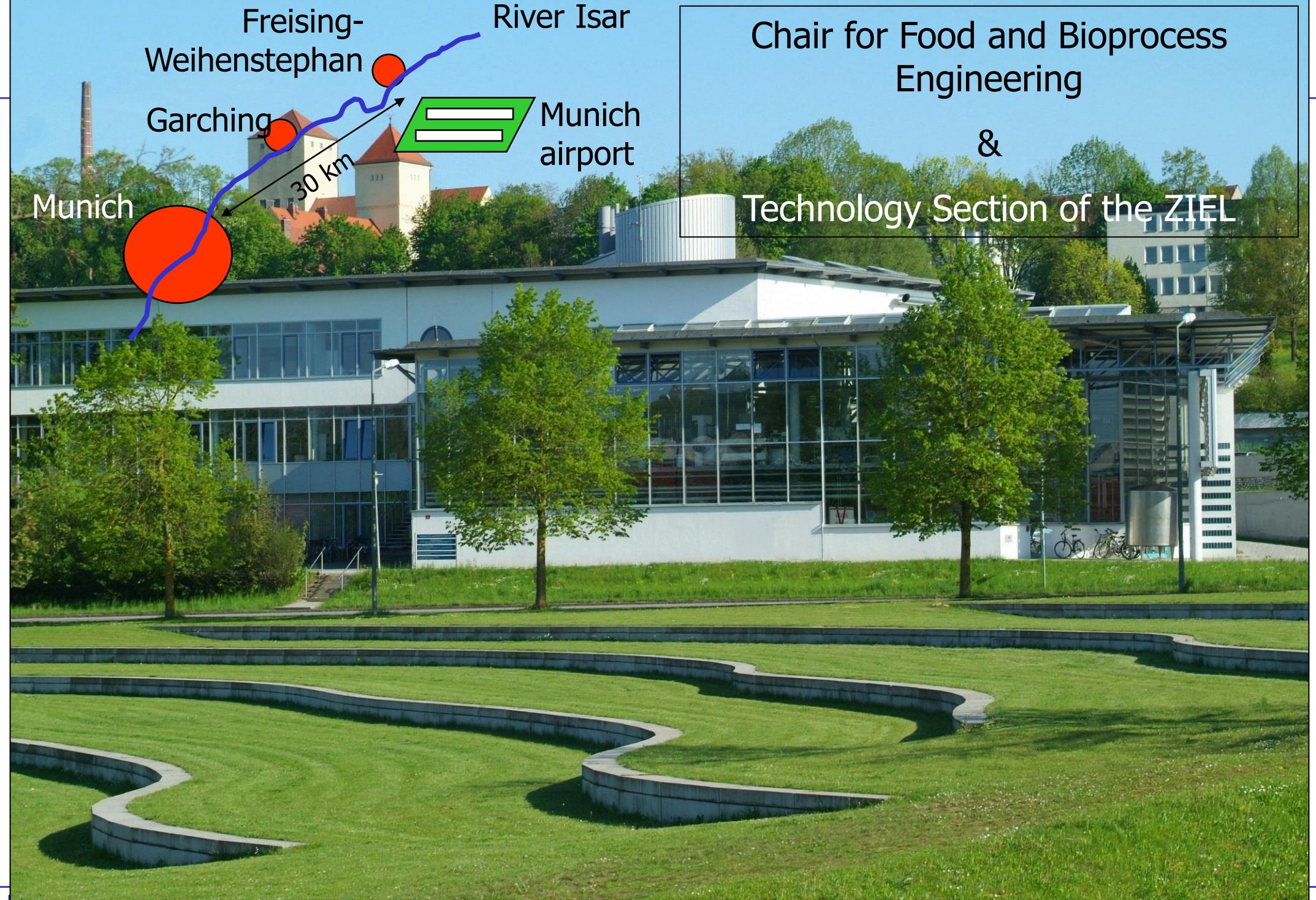
Use for the treatment of human health issues resulting from MRS

# Vision for foods for the developed world (EU strategy)

## Target areas of the food and pharma industries in public health



Products with a positive effect on health and quality of life in the last quarter of life.



# Conclusions

---

- Milk is a healthy juice and a good base for new product concepts also outside of conventional dairy product segments
- Basic insights into nutritional and physiological effects are there and appear to be reliable.
- Screening methods for more indepth assessment of physiological effects are established
- Controlled studies, preferably human clinical studies, should be conducted following the rules and principles of „Good Clinical Study Practice“
- Nutritional supplements and product concepts for special target groups are extendable market segments, even outside the food sector.
- So, what is missing? → Prospective, double blind, controlled in vivo studies?
- Who wants to go this way? → Positioning in the market place in/out of food segment?

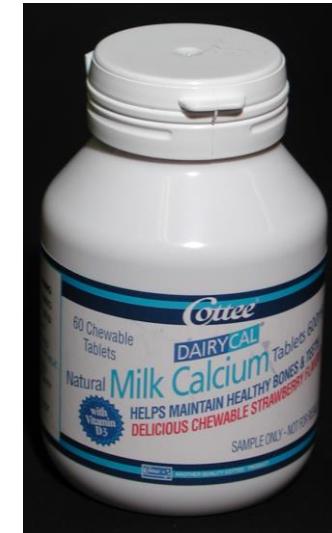
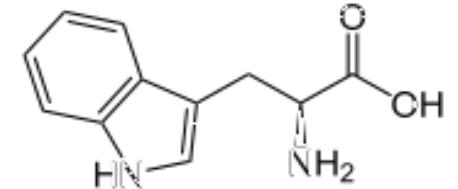
# Categories from conventional foods to functional foods and prescription drugs

	Food				Pharmaceuticals	
	Conventional Foods	Functional Foods				
Category	Conventional food	Natural & Organic	Free-from & Enriched	Techno-functional and nutritional supplements	OTC <sup>a</sup>	Prescription <sup>a</sup>
Example	Conventional foods and drinks, snacks	Unprocessed fruits, vegetables, meat, organic dairy	Lactose-free, gluten-free, added vitamins, added minerals, high-protein, low-fat, contains probiotics	Phytostanols/sterols, hydroxypropyl methylcellulose, DHA, CLA, sports nutrition	Painkillers, cough relief, stomach protectors	Antibiotics, antidepressants, biologics
Authorised claims Claims made	Health Claims Mainly taste	Naturalness, lack of processing, sustainability	Removal of negative substances, addition of beneficial substances	Scientific support, innovation, health benefits	Disease claims Disease claims (softer)	Disease claims (stronger)
Science & technology support	Less			More		
Regulation	Less stringent			More stringent		
					Frei verkäufliche Arzneimittel	Rezeptpflichtige Arzneimittel

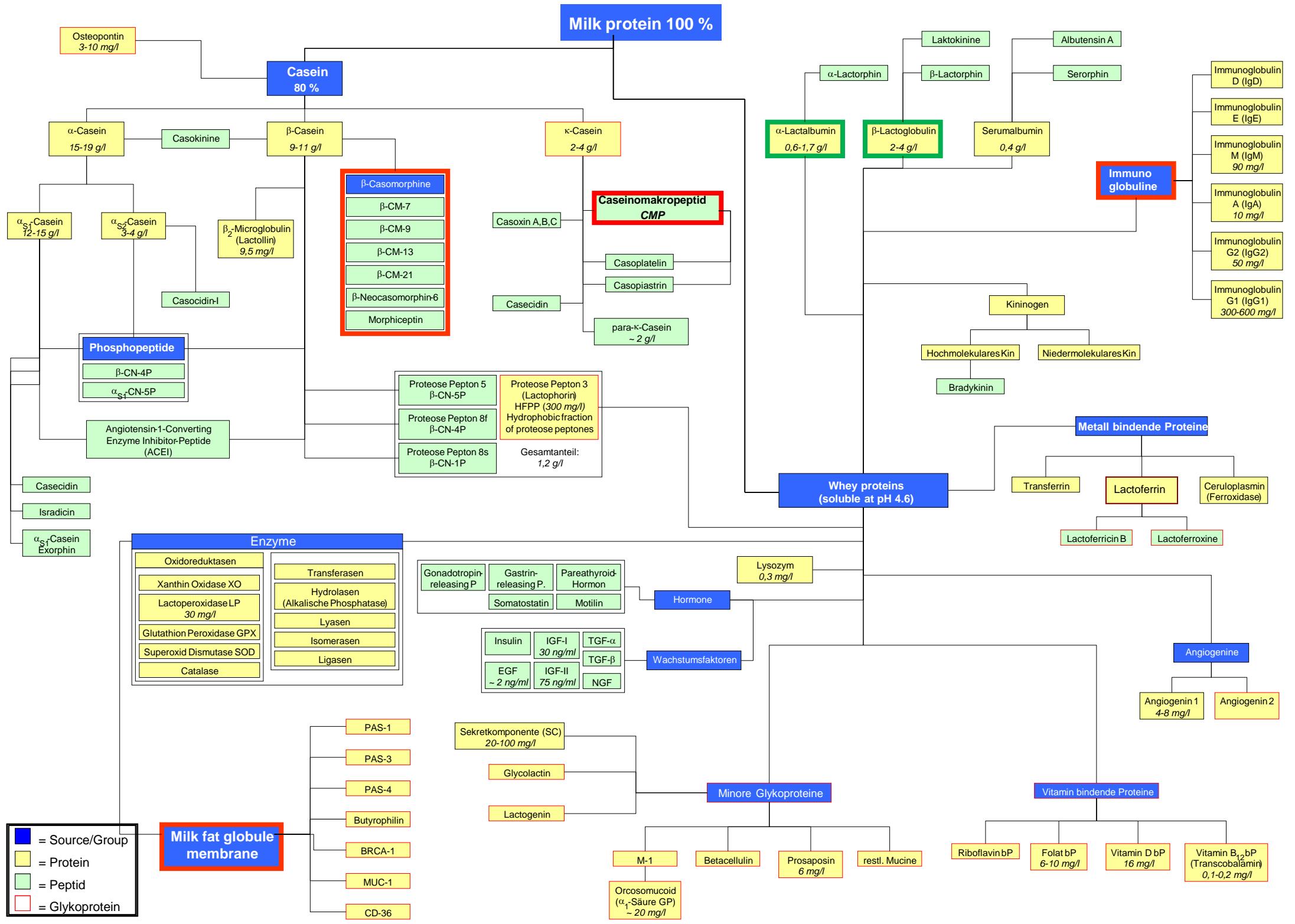
# Zielprodukte für Fraktionen von Molkenproteinen

Abreicherung von  $\beta$ -Lactoglobulin für Babynahrung:

An Humanmilch angenäherte Proteinzusammensetzung mit erhöhtem Anteil essentieller Aminosäuren bei gleichem kalorischen Wert



Isolierung von Lactoferrin und anderen minoren Proteinen als *Functional Food* oder *Food for Special (Medical) Purposes*



## References

- Tolkach, A, Kulozik, U: Fractionation of whey proteins and caseinomacropeptide by means of enzymatic crosslinking and membrane separation techniques. *J Food Eng*, 67 (1-2) 13-20, 2005
- Tolkach, A, Kulozik, U: Optimization of thermal pre-treatment conditions for the separation of native  $\alpha$ -lactalbumin from whey protein concentrates by means of selective denaturation of  $\beta$ -lactoglobulin. *J Food Sci*, 70 (9) 557-566, 2005
- Thomä-Worringer, C, Sorensen, J, Lopez-Fandino, R: Health effects and technological features of caseinomacropeptide. *Int Dairy J*, 16 (11) 1324-33, 2006
- Tolkach, A, Kulozik, U: Reaction kinetic pathway of reversible and irreversible thermal denaturation of  $\beta$ -Lactoglobulin. *J Dairy Sci Technol*, 87, 301-315, 2007
- Kreuß, M, Krause, I, Kulozik, U: Separation of a glycosylated and non-glycosylated fraction of caseinomacropeptide using different anion-exchange stationary phases. *J Chromatography A*, 12 (1-2) 126-132, 2008
- Kreuß, M, Kulozik, U: Separation of glycosylated caseinomacropeptide at pilot scale using membrane adsorption in direct-capture mode. *J Chromatography A*, 12 (19) 50, 8771-77, 2009
- Cheison, SC, Leeb, E, Sierra Toro, J, Kulozik, U: Influence of hydrolysis temperature and pH on the selective trypsinolysis of whey proteins and potential recovery of native  $\beta$ -lactalbumin. *Int Dairy J*, 21 (3) 166-171, 2011
- Leeb, E, Kulozik, U, Cheison, SC: Thermal pre-treatment of  $\beta$ -Lactoglobulin as a tool to steer enzymatic hydrolysis and control the release of peptides. *Procedia Food Sci*, Vol. 1, 1540–46, 2011
- Voswinkel, L, Kulozik, U: Fractionation of whey proteins by means of membrane adsorption chromatography. *Procedia Food Sci*, 1, 900-907, 2011
- Betz, M, Steiner, B, Schantz, V, Oidtmann, J, Mäder, C, Richling, E, Kulozik, U: Antioxidant capacity of bilberry extract microencapsulated in whey protein hydrogels. *Food Res Int*, 47, 51–57, 2012
- Heidebach, T, Först, P, Kulozik, U: Microencapsulation of probiotic cells for food applications. *Crit Rev Food Sci Nutr*, 52 (4) 291-311, 2012
- Toro-Sierra, J, Tolkach, A, Kulozik, U: Fractionation of  $\alpha$ -Lactalbumin and  $\beta$ -Lactoglobulin from whey protein isolate using selective thermal aggregation: An optimized membrane separation procedure and resolubilization techniques at pilot plant scale, *Food Bioprocess Technol*, 6 (4) 1032-43, 2013
- Voswinkel, L, Kulozik, U: Fractionation of all major and minor whey proteins with radial flow membrane adsorption chromatography at lab and pilot scale, *Int Dairy J*, 39, 209-214, 2014
- Leeb, E, Holder, A, Letzel, T, Cheison, SC, Kulozik, U, Hinrichs, J: Fractionation of dairy based functional peptides using ion-exchange membrane adsorption chromatography and cross-flow electro membrane filtration, *Int Dairy J*, 38, 116-123, 2014
- Holzmüller, W, Gmach, O, Griebel, A, Kulozik, U: Casein precipitation by acid and rennet coagulation of buttermilk: Impact on the isolation of milk fat globule membrane proteins. *Int Dairy J*, 63, 115-123, 2016
- Holzmüller, W, Kulozik, U: Isolation of milk fat globule (MFGM) material by coagulation and diafiltration of buttermilk. *Int Dairy J*, 63, 88-91, 2016
- Würth, R, Foerst, P, Kulozik, U: Development and evaluation of a spray drying microencapsulation process for water-insoluble milk protein capsules. *Int Dairy J* 61, 99-106
- Voswinkel, L, Etzel, M, Kulozik, U: Adsorption of  $\beta$ -lactoglobulin in anion exchange membrane chromatography versus the contacting mode and temperature. *LWT Food Sci Technol*, 79, 78-83, 2017
- Würth, R, Wiesner, S, Foerst, P, Kulozik, U: Impact of the  $\text{CaCl}_2$  content in the rehydration media on the capsule formation out of spray dried capsule precursors for the immobilization of probiotic bacteria. *Int Dairy J*, 68, 75-79. 2017